

WESTERN LESSON PLAN

LESSON 1:

- Hand out saddle part worksheet
 - Go over saddle parts
- Explain how to cinch up saddle (1*2*3 make a TX T)
 - Explain how to mount
 - (No Reins) walk to round pen
- (With Reins) work on walk and halt (in round pen)
- Dismount, tie up, un-saddle, wash off, and put up

LESSON 2:

- Hand out bridle part worksheet
- 5-10 minutes saddle review (let them cinch the saddle up)
 - Introduce bridle, show how to put bridle on
 - Review walk and halt
 - Introduce the trot (in round pen)
- Dismount, tie up, un-saddle, wash off, and put up

LESSON 3:

- Hand out hoof parts worksheet
- Introduce the hoof. Show how to clean hoof
- 5-10 minutes bridle and saddle review (let them put on saddle and bridle)
 - Review the trot (in round pen)
 - Introduce the lope (in round pen)
- Dismount, tie up, un-saddle, wash off, and put up

LESSON 4:

- Review lessons 1-3
- Introduce steering a horse. Use the figure 8 pattern (in arena)
- Make obstacle course with barrels and poles (walk and trot only)
 - Dismount, tie up, un-saddle, wash off, and put up

LESSON 5:

- Review lesson 4
- Make student saddle and bridle there own horse
 - Introduce the barrel racing pattern
 - Turn barrels using (walk and trot only)
 - Time the student
- Dismount, tie up, un-saddle, wash off, and put up

LESSON 6:

- Review lesson 5
- Turn barrels using (Lope)
- Time the student. See if they can beat there old time
- Dismount, tie up, un-saddle, wash off, and put up

LESSON 7:

- Review lesson 6
- Learn to walk over poles
- Time the student.
- Dismount, tie up, un-saddle, wash off, and put up

LESSON 8:

- Review lesson 7
- Learn to trot over poles
- Time the student. See if they can beat there old time
- Dismount, tie up, un-saddle, wash off, and put up

LESSON 9:

- Review lesson 8
- Beat the instructor day using (barrel racing pattern)
 - Reward student with candy
- Dismount, tie up, un-saddle, wash off, and put up

LESSON 10:

- Students Choice

LESSON 11:

- Trail Ride

ALL STUDENT'S MUST WEAR AN EQUINE APPROVED SAFETY HELMET

**NOTE: *This lesson plan is written out for beginners only*.
Lessons may vary due to student's progress.**